

NEWSLTR

The Workplace Wellness Conference and Exhibition

MERRY CHRISTMAS

HAVE A SAFE AND HAPPY HOLIDAY SEASON

In this issue:

The new epidemic - SAD
Stress - Anxiety - Depression

Speaker Highlight
Dr. Terrie Hope PhD, DNM

SHRM[®] **SHRM CERTIFICATION**
BETTER WORKPLACES BETTER WORLD™ **SHRM-CP | SHRM-SCP**